

P.O. Box 3064
ERINA NSW 2250
Phone: (02) 4324 2722
Kylei (Director): 0434 260 353
Email: choosh.care@outlook.com
Website: wooshcare.com.au

Vacation Care Program

January 2019

Sun Safety: CHOOSH Care endorses the Cancer Council's 'Sun Safe OOSH' Policy. Under this policy, a daily UV check is conducted, and at times where the UV level is above 3, SPF 50 sunscreen is applied every 2-3 hours. Children are also required to wear sun safe clothing, including a broad brimmed, bucket style or legionnaire hat, and clothing which covers their shoulders. Singlets and caps are not sun safe clothing. If your child attends Vacation Care without appropriate sun safe clothing, they will be provided with a hat/shirt. Children must also wear sensible shoes for walking and playing (i.e. enclosed shoes or strap-on sandals), and bring a jumper or a jacket and drink bottle each day. Thongs and slip-on style shoes are not permitted. **Caps are not permitted at CHOOSH Care**



Hand-held video games: Children are permitted to bring their hand-held games during Vacation Care, but specific times will be allocated for playing their games so that they spend some time participating in other activities. All games, including iPod games, must be G or PG rated as per centre policy. Any games above this classification (M, MA15+) will be confiscated and returned to the child's parent/guardian at the completion of the day. CHOOSH Care is not responsible for any breakages or lost property. Children are not permitted to use mobile phones at CHOOSH Care at any time.

Hours of operation: CHOOSH Care is open from 6.30am till 6.00pm Monday to Friday during the school holidays and Pupil Free Days (excludes public holidays). Bookings are essential as places are limited.

Supervision: CHOOSH Care is approved for a maximum of 40 school age children per day, however limitations may be placed on maximum number of enrolments due to staffing or transport requirements. Staff to child ratios of 1:15 are maintained during centre days, with increased supervision on excursions. A *Risk Assessment* is conducted prior to each excursion and are available for parents to view upon request. A *Responsible Person* holding their Apply First Aid, Child Protection, Asthma & Anaphylaxis certificate will be rostered on at all times throughout the day. A photograph of the Responsible Person on duty is displayed at the sign in desk.

Payment: The cost per day for in-centre activities is \$53 per child for permanent enrolments, and \$57 for casual enrolments. The cost per day for excursions is \$63 for permanent enrolments, and \$67 for casual enrolments. Please note that additional costs may apply to some 'in centre' activities and excursions, particularly swimming excursions to cover increased staffing costs. (Please see the program for these additional charges). Note: Permanent enrolments are those families who attend before and/or after school care, and have paid a bond and registration fee.

Bookings: Bookings can be returned to CHOOSH Care via email or in person. *Please note: Verbal bookings will not be accepted.* Bookings must be received by Wednesday 19th December. In the case that a day becomes booked out, a waiting list will be prepared and parents will be notified if a place becomes available.

Child Care Subsidy (CCS): CCS is available to registered parents for Vacation Care. Please contact Family Assistance Office (FAO) on 136 150 to be CCS assessed.

Cancellations: Please notify the Centre of any cancellations as soon as possible. There are no refunds once a booking is made, but it may be possible to swap places for another day within the same week as long as there is a vacancy on the desired day.

Red Hat/ Shirt surcharge: During excursions, children are provided with red shirts to ensure children are easily identifiable. Children are also provided with sun safe red hats if they do not have an appropriate hat on any day. To cover cost of purchasing, embroidering and laundering these shirts, a surcharge of \$5 per child per Vacation Care will be added to your Family Statement.

CHOOSH Care's Vacation Care Program: We are aware that sometimes programmed activities will not appeal to all children. Be assured that wherever possible we try to provide alternative activities such as craft, games or movies. There are also opportunities for children to assist with activities even if they do not wish to take part in the actual activity.

Program variations: The Vacation Care program is subject to change without notice if it is deemed in the best interests of children. E.g. changes to program on wet weather days. Should an excursion change, parents will be required to sign their permission for the new excursion prior to child attending.

Medication: If your child requires medication an *Administration of Medication* form must be completed on each day that the medication is to be administered. Please note that no over-the-counter medication will be given (except Panadol - see booking form). Medication must be provided in original packaging with the child's correct name and will be administered as per dosage instructions.

Food: Please pack a nutritious morning tea, lunch and some snacks for your children on all days. Afternoon tea is provided and **lunch is provided only on some days** (see program for days where lunch is provided). Water will be freely available at the Centre, but please supply a drink bottle for excursions as these can be refilled as required. Please ensure that your child has adequate food, as Vacation Care days are active and long and the children do get quite hungry.

Refrigeration: Please inform staff if any of your child's food requires refrigeration (e.g. dairy products).




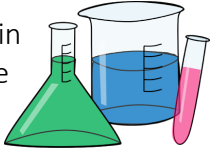

Nut policy: CHOOSH Care endeavours to be a 'nut free' centre, as per policy, for the safety of all children. Please do not send any nuts or food products containing nuts to CHOOSH Care.

Breakfast: Breakfast is provided between 6:30am – 7:30am during Vacation Care. Breakfast options include wholemeal toast, weetbix, cheerios, cornflakes, rice bubbles and plain milk or milo.






Special diets: If children are on restricted diets due to food allergies etc. parents are advised to provide alternatives food for their child as we cannot guarantee that the foods available will be suitable for your child's needs.

Spending money: Children are not permitted to bring money for an excursion unless the program indicates otherwise as there is no opportunity for them to spend it.






CHOOSH Care - Vacation Care – Week 1
Monday 7th January – Friday 11th January 2017

Date	Activity	Please Bring
<p style="text-align: center;">Mon 7th Jan</p> <p>CHOOSH Records (Centre Day)</p>	<p>It's time to try to beat the records in our own 'CHOOSH Care World Records'. If you break a record, your name will be written down in history and you will get a trophy to take home and prove it! Create your own records and add them to the book!</p> 	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes
<p style="text-align: center;">Tues 8th Jan</p> <p>Water Games (Incursion)</p>	<p>We're keeping in the spirit of summer with a day of water fun and getting wet to cool off. Get soaked playing water balloon dodgeball, or test out your flexibility with water limbo! This time we will have a giant slip and slide from Super Castles. Please bring a pair of beach shoes or thongs for water play as there are a lot of bindies. <i>Children MUST wear a rash vest or t-shirt during water activities</i></p> <p><i>Cost for this incursion is \$63 (Casual \$67)</i></p> 	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Drink Bottle ✓ Swimmers ✓ Beach shoes ✓ Towel ✓ Plastic bag
<p style="text-align: center;">Weds 9th Jan</p> <p>Monkey Mania (Excursion) + Optional extra: Laser Tag</p>	<p>Swing into Monkey Mania! Explore and climb through the maze, dig through the ball pit and shoot your friends with the ball cannon.</p> <p>Laser Tag - Optional Extra \$18: Double the fun by including 3 games of Laser Tag! Please tick on booking form if your child would like to participate in laser tag 😊 (Children need to be 6yrs or older to participate in Laser Tag)</p> <p>Transport: Staff Vehicle Max no of chn: 30</p> <p>Leave CHOOSH: 10:00am Return to CHOOSH: 3:30pm</p> <p>Address: Central Coast Leagues Club, 1 Dane Drive, Gosford</p>	<ul style="list-style-type: none"> ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes ✓ Socks 
<p style="text-align: center;">Thurs 10th Jan</p> <p>Science Day (Centre Day)</p>	<p style="text-align: center;">Fizz! Pop! Bang!</p> <p>Make sure you wear old clothes today just in case something explodes on you. Visit the liquids lab and see what concoctions you can brew!</p> 	<ul style="list-style-type: none"> ✓ Sun Safe Hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Clothes that can get messy
<p style="text-align: center;">Fri 11th Jan</p> <p>Amazement Farm & Fun Park (Excursion)</p>	<p>Join us today as we head out to Amazement Farm & Fun Park. Race your friends through the mazes and get up close to some animals. You can also play some giant games, play in the playground and admire the birds in the sanctuary. <i>Cost for this excursion is \$67 (Casual \$71)</i></p> <p>Optional pony rides are also available, extra \$5</p> <p>Transport: Staff Vehicles Max no of chn: 30</p> <p>Leave CHOOSH: 9:30am Return CHOOSH: 4:00pm</p> <p>Address: 170 Yarramalong Rd, Wyong Creek, NSW 2259</p> 	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes


CHOOSH Care - Vacation Care – Week 2
Monday 14th January – Friday 18th January

Date	Activity	Please bring
Mon 14 th Jan Wheels Day (Centre Day)	It's time to race around the school on our bikes and scooters, with some fun games and races 😊 Don't worry if you can't ride, we will have other activities to do! Don't forget to bring your helmet – No helmet, no ride! <i>**Bikes must be in working order – we will not be able to repair bikes on the day**</i>	 <ul style="list-style-type: none"> ✓ Morning Tea ✓ Lunch ✓ Sun safe hat ✓ Drink bottle ✓ Bike or scooter ✓ Helmet ✓ Enclosed shoes
Tues 15 th Jan Niagara Park Sports Centre (Excursion)	 <p>We're going to Niagara Park Sports Centre for lots of fun games including trampolining, wheelchair basketball and soccer. The foam pit has been removed but has been replaced with lots of inflatables. We will have a sausage sizzle lunch today and a special ice block for everyone. Transport: Staff vehicles Max no of chn: 30 Leave CHOOSH: 9:30am Return to CHOOSH: 3:30pm Address: 18 Washington Ave, Niagara Park, 2250</p>	<ul style="list-style-type: none"> ✓ Morning tea ✓ Lunch provided ✓ Drink bottle ✓ Enclosed shoes
Weds 16 th Jan CHOOSH Fete (Inursion)	<p>Come along today to join in all the fun of the CHOOSH Fete. Sideshow alley will be loads of fun as we fish for ducks, throw darts at balloons and toss the rings at the bottles. Bring a white shirt if you would like to participate in the colour run. The giant jumping castle will be returning for us to have lots of fun with our friends.</p>  <p>Then we can cool off with a snow cone. <i>Cost for this incursion is \$63 (Casual \$67)</i></p>	<ul style="list-style-type: none"> ✓ Sun Safe Hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes ✓ White shirt
Thurs 17 th Jan Woy Woy Pool (Excursion)	 <p>Back by popular demand, today we will be heading to Woy Woy Leisure Centre to join in the fun on the inflatables and the water slide. Younger children and those who are not strong swimmers will be using the smaller pools. <i>Cost for this excursion is \$67 (Casual \$71)</i> Transport: Staff Vehicles Max no of chn: 30 Leave CHOOSH: 10:30am Return to CHOOSH: 4:00pm Address: 243 Blackwall Rd, Woy Woy NSW 2256</p>	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Swimmers ✓ Towel ✓ Plastic bag
Fri 18 th Jan Mystery Day (Centre Day)	<p>Mystery Day! Today is a top secret and we will work together to solve the mystery. We can't give away any clues of what will happen today but please come along on our journey to make our world a better place.</p>	 <ul style="list-style-type: none"> ✓ Sun Safe Hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes

CHOOSH Care - Vacation Care – Week 3
Monday 21st January – Friday 25th January

Date	Activity	Please Bring
<p>Mon 21st Jan</p> <p>Hoyts Erina (Excursion)</p>	<p>We are off to Hoyts Erina Fair to see the newest release. (movie will be decided closer to the date)</p> <p>After the movie we will head into Erina Fair to participate in the activities around the centre.</p> <p>Children may bring \$2 for a popper and popcorn</p> <p>Transport: Staff Vehicles Max no of chn: 30</p> <p>Leave CHOOSH: 9:30am Return to CHOOSH: 4:00pm</p> <p>Address: Erina Fair, 419 Terrigal Dr, Erina NSW 2250</p> 	<ul style="list-style-type: none"> ✓ Sun Safe Hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes
<p>Tues 22nd Jan</p> <p>Build A Bear (Inursion)</p>	<p>Today we will be creating our very own CHOOSH Build A Bear Centre.</p> <p>Making your new furry friend is a fun and enjoyable experience. Each child will receive their own kit to create their bear, including a birth certificate and a heart.</p> <p style="text-align: center;"><i>Cost for this incursion is \$63 (Casual \$67)</i></p> 	<ul style="list-style-type: none"> ✓ Sun Safe Hat ✓ Morning tea ✓ Lunch ✓ Drink bottle
<p>Wed 23rd Jan</p> <p>Scavenger Hunt (Excursion)</p>	 <p>Springfield Scavenger hunt! Get your walking shoes on. How well do you know our area? We will be working in groups to find all the clues and complete the challenges to get us back to the end first. Remember where you have been so you don't get lost.</p>	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Drink bottle ✓ Enclosed shoes
<p>Thursday 24th Jan</p> <p>Water Games (Centre Day)</p>	<p>We're keeping in the spirit of summer with another day of water fun getting wet to cool off. Get soaked playing water balloon dodgeball, or test out your flexibility with water limbo!</p> <p>Please bring a pair of beach shoes or thongs for water play as there are a lot of bindies.</p> <p><i>Children MUST wear a rash vest or t-shirt during water activities</i></p> 	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Swimmers ✓ Beach shoes ✓ Towel ✓ Plastic Bag
<p>Friday 25th Jan</p> <p>Party Day (Centre Day)</p>	<p>Let's celebrate the end of the holidays and Australia Day with a CHOOSH dress up party, come dressed as your favourite Australian character or anything Australian of your choice. We will play party games like the chocolate game, pass the parcel, hungry hippos, thong throwing and much more.</p> <p>Bring a plate of party food to share for a yummy lunch.</p> 	<ul style="list-style-type: none"> ✓ Sun safe hat ✓ Morning tea ✓ Lunch ✓ Plate to share ✓ Drink bottle ✓ Dress up

CHOOSH Care – Vacation Care -Pupil Free Day
Tuesday 29th January

Date	Activity	Please Bring
Tues 29 th Jan Craft and Cooking (Centre)	<p>Let's finish the holidays with a day full of craft and cooking.</p>  <p>Today we will be exploring our creative side as we cook up a storm and get messy with some crafty fun. Bring a white shirt if you would like to have a go at tie dye.</p> <p>We will then spend the afternoon enjoying our yummy treats and being creative with our crafts.</p>	<ul style="list-style-type: none">✓ Sun Safe Hat✓ Morning tea✓ Lunch✓ Drink bottle✓ Enclosed shoes✓ White shirt

CHOOSH Care - Vacation Care Booking Form - January 2019

Parent's name (please print): _____ Contact number: _____

Child/children's name: _____ Age: _____

My child/children will be attending on the following days (please tick and sign for permission)

✓	Date	Activity	Cost	Parent permission for excursion – please sign
	Monday 7 th Jan	CHOOSH Records	<i>Centre: Full Fee = \$53 (Casual = \$57)</i>	N/A
	Tuesday 8 th Jan	Water Games	<i>IncurSION: Full Fee = \$63 (Casual \$67)</i>	N/A
	Wed 9 th Jan	Monkey Mania <input type="checkbox"/> My child would like to play Laser Tag (Extra \$18) (please tick)	<i>Excursion: Full Fee = \$63 (Casual = \$67)</i>	
	Thursday 10 th Jan	Science	<i>Centre: Full Fee = \$53 (Casual \$57)</i>	N/A
	Friday 11 th Jan	Amazement <input type="checkbox"/> My child would like to add a pony ride (Extra \$5) (please tick)	<i>Excursion: Full Fee = \$67 (Casual = \$71)</i>	

✓	Date	Activity	Cost	Parent permission for excursion – please sign
	Monday 14 th Jan	Wheels Day	<i>Centre: Full Fee = \$53 (Casual = \$57)</i>	N/A
	Tuesday 15 th Jan	Niagara Park Sports Centre	<i>Excursion: Full Fee = \$63 (Casual = \$67)</i>	
	Wed 16 th Sep	CHOOSH Fete	<i>IncurSION: Full Fee = \$63 (Casual \$67)</i>	N/A
	Thursday 17 th Sep	Woy Woy Pool	<i>Excursion: Full Fee = \$67 (Casual = \$71)</i>	
	Friday 18 th Sep	Mystery Day	<i>Centre: Full Fee = \$53 (Casual = \$57)</i>	N/A

✓	Date	Activity	Cost	Parent permission for excursion – please sign
	Monday 21 st Jan	Hoyts	<i>Excursion: Full Fee = \$63 (Casual \$67)</i>	
	Tuesday 22 nd Jan	Build A Bear	<i>IncurSION: Full Fee = \$63 (Casual \$67)</i>	N/A
	Wed 23 rd Jan	Scavenger Hunt	<i>Excursion: Full Fee = \$63 (Casual = \$67)</i>	
	Thursday 24 th Jan	Water Games	<i>Centre: Full Fee = \$53 (Casual = \$57)</i>	N/A
	Friday 25 th Jan	Party Day	<i>Centre: Full Fee = \$53 (Casual = \$57)</i>	N/A

	Tuesday 29 th Jan	Craft and Cooking	<i>Centre: Full Fee = \$53 (Casual = \$57)</i>	N/A
--	------------------------------	-------------------	--	-----

Please provide consent for the following;

- I give permission for my child to attend/take part in the above activities and excursions. I understand that the children will either be catching a bus, travelling in staff vehicles or walking to the excursions, and that the program may change without notice.
- I have read the *Information Book* and am aware of the *Vacation Care Cancellation Policy*. There are no refunds once a booking is made, although bookings may be swapped within the same week, as long as there is a vacancy on the desired day.
- I have read the *Vacation Care Program* and understand that CHOOSH Care holds no responsibility for any property that is lost or broken during Vacation Care.

The following questions are applicable to enrolments who attend Vacation Care only:

- I elect to pay the Annual Registration Fee of \$60 for the reduced daily fee; or
- I elect to pay the full Casual Vacation Care rate (no Annual Registration Fee) or
- I have already paid the Annual Registration fee for 2019

Parent's signature _____ Date: _____